

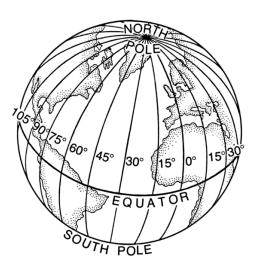


19th ICDA Annual General Meeting 3 September 2025



1. Welcome and Call to Order







## 29 official representatives registered



- 1. Welcome, Call to order and Roll Call
- 2. Approval of the agenda
- 3. Approval of the minutes of the 18th Annual General Meeting of Members, September 10, 2024
- 4. Receive the Report of the Secretary
- 5. Receive the Report of the Chair
- 6. Receive the Report of the Auditors and the financial statements of the Corporation for the fiscal year ended March 31, 2025
- 7. Appoint the Auditors for the next fiscal year
- 8. Other business



2. Approval of the agenda



3. Approval of the minutes of the 18th Annual General Meeting of Members, September 10, 2024.



Marty Yadrick Secretary

4. Receive the Report of the Secretary.



## OUR BOARD OF DIRECTORS





Giuseppe Russolillo
ICDA Chair (Spain)



ICDA Secretary (USA)



Jennifer Feighan



ICDA (Australia)

**Danielle Gallegos** 

ICDA (Ireland)



Elizabeth Solis-Perez
ICDA (Mexico)



Kate Hall

ICDA (UK)



Mary Anne Smith

ICDA (Canada)

## **Board Meetings**

International Confederation of Dietetic Associations

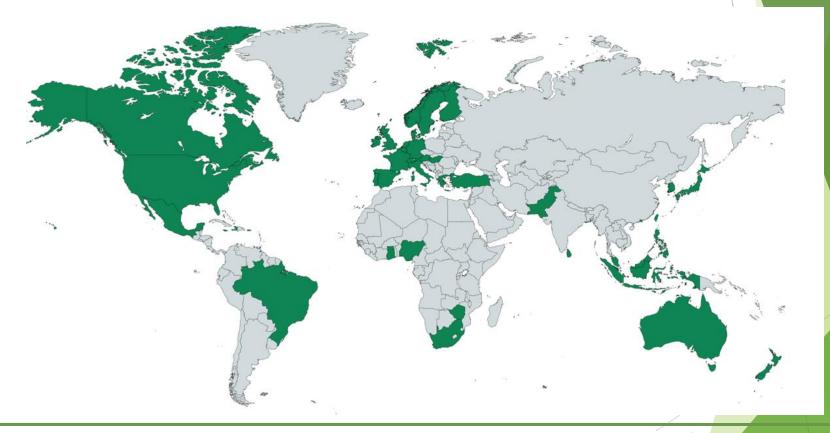
- October 15, 2024
- December 9 12, 2024
- ▶ January 28, 2025
- March 10, 2025
- May 19, 2025
- ► September 1-3, 2025 (in person Athens) (AGM)



## **OUR EXTENSIVE NETWORK**



ICDA has an impressive network and is recognized as the largest body of dietetics and nutrition professionals worldwide!





200,000

Dietitians - Nutritionists



48
Countries



48

National Dietetic Associations



## Secretariat: Redstone Agency (Toronto)





Giuseppe Russolillo Chair 5. Receive the Report of the Chair.







A global networking platform of dietetics and nutrition professionals

Our Services

Member NDAs have access to ICDA services/ resources such as:



Cross-cultural sharing of knowledge and exchange of practice perspectives across the world



 $\bigcirc$ 

ICDA Newsletter - Dietetics and Nutrition Around the World (DNAW)

An excellent communication tool that helps connect NDAs, stay abreast of latest research in dietetic practices, with articles from NDAs, information of upcoming events and much more.





International Congress of Nutrition and Dietetics (ICND) - an international conference for member NDAs

- Pivotal forum for professionals from across the globe to converge, exchange ideas, explore emerging trends, best practices, and evidence-based approaches in nutrition and dietetics to advance the field
- Unique networking opportunity for forging connections across the globe

### Our Services

Member NDAs have access to ICDA services/ resources such as:



Sustainable Food Systems (SFS) Toolkit - Encouraging & supporting Sustainability in practice

- Helps professionals understand SFS and integrate sustainability in their profession
- Understanding SFS, identifying gaps, delving into insights, developing tools to
- include in practice



#### Guidance on Standards and Competencies

- ICDA provides guidelines and frameworks that help NDAs develop and implement standards for dietetic education, training, and practice
- These frameworks ensure that dietitians meet internationally recognized competencies









Toronto, June 2024





Annemieke van Ginkel-Res EFAD Honorary President



The European Federation

of the Associations

of Dietitians











ICDA Workshop: Supporting Sustainable Food Systems (SFS) Networks in your National Dietetic Association

ICDA Workshop: International Competency Standards for Dietitian-Nutritionists and the Accreditation Process

ICDA Workshop: Transformative Leadership for Dietitian-Nutritionists

ICDA Workshop: Nutrition Informatics: How technology is being used to inform global practice

ICDA Workshop: Working in a Complex World: Negotiating Ethical Practice and Conflicts of Interest.





FOOD, INTEGRITY & SUSTAINABILITY



Great Science, A Hundred Thousand Welcomes!













Osaka, 4-6 August 2025







Dr. Teiji Nakamura President AFDA





## WELCOME TO ICDA



The ICDA network offers a platform for dietetics professionals from all corners of the world to connect and engage in meaningful conversations



#### **OUR MISSION**

international standards to strengthen the global nutrition and dietetic with national standards to strengthen the global nutrition and dietetic workforce.



#### **OUR VISION**

A strong, agile, trusted global nutrition and dietetic workforce for improved population and planetary health.





- 1. Promote and harmonise standards that improve the quality of dietetic education and optimise safe and ethical practice of dietetics globally.
- 2. Support NDAs to grow as strong, sustainable organisations to operate in increasingly complex and dynamic environments.
- 3. Cultivate strong connections and platforms to increase the visibility of the dietetic profession globally.





# International Confederation of Dietetic Associations

PhD Elizabeth Solís Pérez
Liaison from the BOD:
ICDA-Commission for Dietitian-Nutritionist
Education and Accreditation (I-CDEA)



# I-CDEA Report for ICDA Board AGM 2025

Prepared by Professor Janeane Dart (I-CDEA Executive Director) and Dr Elizabeth Solis-Perez (ICDA Board Liaison)



### **Update and Progress**

- ► The key outcome for this year has been the development, recruitment, and formation of the <u>I-CDEA</u> <u>Steering Council.</u>
- ► The composition of the Steering Council (SC) is to be comprised of up to 8 experienced members with recent university dietetic education and accreditation expertise including:
  - ► I-CDEA Executive Director (Chair)
  - ► ICDA Board Member
  - + up to 6 additional Steering Council members who are supported by NDA's of their respective country and representing global diversity.

I-CDEA Steering Council: Call For Members

May 9, 2025

Due May 31st 2025



## Recruitment of the Steering Council

- ▶ 8 Expressions of Interest were received; with 1 incomplete EOI received.
- ► 6 steering council members were ratified by the board (July -August 2025) representing geographical diversity and breadth of experience in education, accreditation and dietetic practice:
  - ▶ 2 SC members from **Europe**, (1 with dual accreditation with Europe / Britain),
  - ▶ 1 from Latin America
  - ▶ 1 from **North America**, and
  - ▶ 1 from **Africa**.
  - ▶ 1 from Asia
  - ► The ED-ICDEA represents Oceania
- Currently, not all of the ratified SC members have completed their requisite onboarding. This is being followed up with the ICDA Secretariat.

### Progress and timelines

- ► The first meeting of the I-CDEA Steering Council was on 18/8/2025
- ► The next meeting is scheduled for Monday, September 8, 2025.
- ► The aims (and planned timeline) of the Steering Council is to guide the I-CDEA education and accreditation plan as follows:
  - Review of the international competency standards for dietitiansnutritionists - by Nov 2025
  - ► Further consultation with National Dietetics Associations (NDAs) and members will occur during 2026
  - Review of the definition for dietitian-nutritionist by Nov 2025
  - Review and systematisation of documentation for international accreditation (2026)
  - Provide input into the development of accreditation peer reviewer training (2026-2027)
  - Re-accreditation First pilot program



### Thank you!





# International Confederation of Dietetic Associations

PhD Danielle Gallegos Liaison from the BOD: Sustainable Food Systems (SFS ICDA)







advice and support and to increase access to a range of practical, evidence-based, and context-specific tools and

- Learning modules are being developed into an online open access workbook that will be made available to NDAs to distribute to their members
- 2. Migration of website to be integrated with the ICDA website for sustainability
- 3. NDAs have taken up the challenge many of the grants have been completed and implemented
- Check PlanetEATary developed by Dietitians Australia <a href="https://sites.google.com/monash.edu/planeataryquest/homer-right">https://sites.google.com/monash.edu/planeataryquest/homer-right</a>
   e -
- The SVDE position paper: Shaping the future: The role of nutritional counselling in sustainable food systems | Bern University of Applied Sciences BFH
- The professional development program based on the SFS modules developed by Trinidad and Tobago
- 4. Educational/curriculum framework it is anticipated the framework will be complete before the end of the year and ready to share with NDAs for "workshopping" (testing, providing feedback, etc.). The final draft will be presented at ICND 2028 in Dublin.





Kate Hall MSc RD FBDA
Chair of the ICDA Communications
Committee



#### **ICDA Board Communications Committee**









Goals:

Provide timely communication with NDAs

Promote the profession and ICDA around the world

Encourage qualified official Dietetics and Nutrition non-profit professional organizations to become members of ICDA AND actively involved

#### **ICDA Communications Committee Work**





Editor - Chika Ndiokwelu





**Timely Communique** summarizing key Updates and Action Items for members – sent 3 times a year



**DNAW** sharing your NDA activities around the world – sent 3 times a year



## Marketing subcommittees



Social Media team managing the LinkedIn ICDA page & Instagram

Outreach team - creation of new video clips
- help to bring ICDA 'alive' in bite size
chunks all part of the getting to know ICDA
program, template slides which tells the
ICDA story

#### Other work:



- Recruitment to the committee
- Feedback regarding ICDA Website
- Idea generation to advise board on 2 exciting new ICDA projects that came out of the strategic workshop held in June 2025 in Toronto



#### Asks of NDA members:



# Join and keep connected

# Share & take part

#### Promote

Join the LinkedIn page AND join and follow Instagram

ICDA\_international dietetics





Share your NDA news on the ICDA social channels or with us via email

ICDAsocialmedia@gmail .com

#### AND

Share your experiences through the ICDA Dietitians-Nutritionists Around the World Newsletter.

Promote the ICDA social media channels

Promote dietetics and ICDA - videos created

Promote ICDA membership to non-ICDA nutrition and dietetics orgs who might be eligible for ICDA membership.

Get in touch with your ideas

communications@internationaldietetics.org

## Thank you to:

- Sheela Krishnaswamy (India)
- Anjana Nair (India)



#### And

#### Welcome to:

- Manuela Thul (Germany)
- Emmanuel Aanuoluwapo Oyebamiji (Nigeria)





### **ICDA Communications Committee Members**

- Kate Hall, Chair (UK)
- Manuela Thul (Germany)
- Chika Ndiokwelu\* (Nigeria)
- Martina Miserachs (Spain)
- Rui da Silva (Portugal)
- ► Emmanuel Aanuoluwapo Oyebamiji (Nigeria)
- Sylvia Klinger (United States)
- Vicky Pyrogianni (Greece)
- Zenaida Velasco (Philippines)

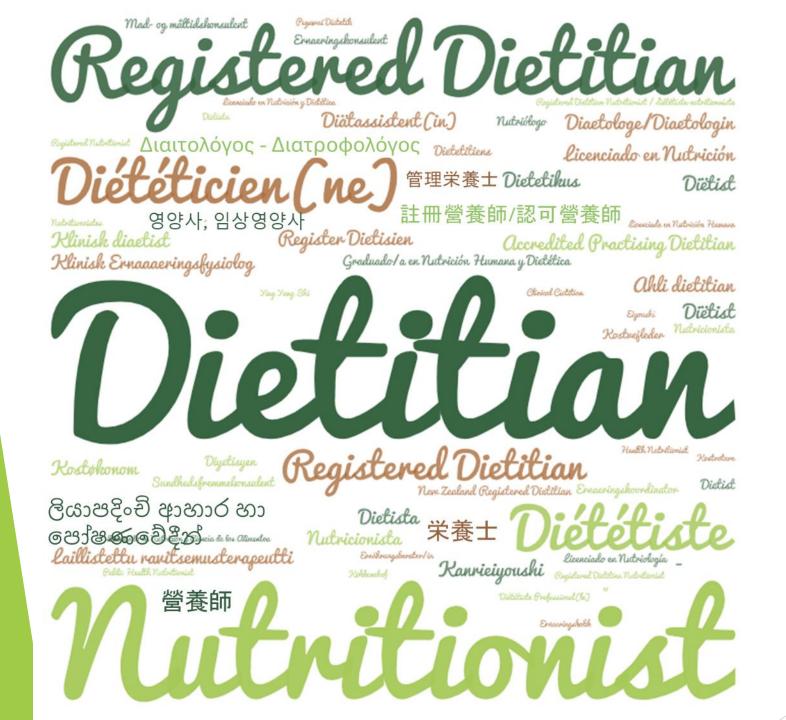
<sup>\*</sup> Editor of the ICDA DNAW





# International Confederation of Dietetic Associations

PhD Mary Anne Smith
BOARD ICDA
Dietitian/Nutritionists Their Education and
Their Work



## Global Trends in Dietetics 2024

### Questions

- What are the top three things that pose the biggest <u>threats</u> to the <u>profession</u>?
- What are the top three things that pose the biggest <u>opportunities</u> for the <u>profession?</u>
- ▶ What are the top three things that pose the biggest <u>threats</u> to your <u>national dietetic association</u>?
- ▶ What are the top three things that pose the biggest <u>opportunities</u> for your <u>national dietetic association</u>?
- ► Since 2020, in what areas has your association focused their advocacy efforts (maximum 5)?

### Themes from Threats & Opportunities

### Regulation

- Lack of government recognition, standardization, or regulatory body; limited or unclear scope of practice; accreditation challenges; unions; legal definition of D-N
- + ↑ Regulation of D-N title; recognition by government bodies, legislative support

### Negotiating the role of D-N within the context of other professions

- Unqualified nutrition advisors and scope encroachment from other professionals from inside and outside healthcare
- + Opportunities to collaborate with other health care providers, association, civil groups, educational institutions and researchers

### Workforce Planning & Engagement

- Supply and demand issues; ↑ retirements and individuals exiting the profession;
   emigration; ↓ interest in the profession; ↓ association membership younger
   professionals not joining; ↓ member engagement
- + ↑ Job opportunities; ↑ NDA membership

### Themes from Threats & Opportunities (cont

### Professional Importance

- Lack of recognition by both the public and by other healthcare providers, also leads to a lack of funding for D-N work, Lack of political will for profession
- + \( \) in perceived value of D-N role from the public and other health professionals; expanding practice settings; \( \) emphasis on role of nutrition in disease prevention; NDA reputation as credible, established, recognized by government and peers

#### Technology

- Can we keep up with the speed of innovation?
- + AI; digital and e-health; telenutrition; digital tools, websites and meeting/webinar platforms; facilitated global communication

#### Financial Resources

- Lack of funding for D-N sectors; remuneration & wage parity; limited financial resources for associations
- + ↑ in wages

#### Scope of Practice

- High Workload/Burnout; limitations in career trajectories
- + Advanced or increased scope of practice

### Other Threats and Opportunities

Perceived Threats	Perceived Opportunities
<ul> <li>National Dietetic Associations</li> <li>Misinformation</li> <li>Challenges meeting member needs</li> <li>Operational and governance issues - Board workload, leadership and succession planning</li> <li>Criticism via social media</li> <li>Insufficient internship placements</li> </ul>	<ul> <li>National Dietetic Associations</li> <li>Ongoing professional development opportunities and platforms</li> <li>Graduate studies</li> <li>Organizational and legal structure of NDA</li> <li>↑ Advocacy/policy work</li> <li>Sustainable food systems</li> <li>International summits that focus on nutrition</li> </ul>
<ul><li>Profession of Dietetics</li><li>Misinformation</li><li>Lack of leadership skills</li></ul>	<ul> <li>Profession of Dietetics</li> <li>Strong qualification requirements</li> <li>↑ in reasonably priced D-N programs</li> <li>↑ in number of graduating students</li> <li>↑ role for D-N in Sustainable foods</li> <li>Unification of the profession (agreement on standardized name, solidarity within profession</li> </ul>

### **Advocacy Focus**

► The question was interpreted two different ways - either listing priority advocacy efforts or explaining advocacy approaches.

Priority Areas	Advocacy Approaches
<ul> <li>Promoting the profession</li> <li>Increased scope of practice</li> <li>Fairer wages</li> <li>Professional standards</li> <li>Sustainable food systems</li> <li>Food security</li> <li>School nutrition</li> <li>Care for the aging population</li> <li>Food service</li> <li>Workforce expansion</li> <li>Healthy food environments</li> </ul>	<ul> <li>Promoting and publishing research</li> <li>Professional development of members</li> <li>Lobbying</li> <li>Legislation</li> <li>Policy development</li> <li>Communication</li> <li>Networking</li> </ul>
• EDI initiatives	





ICDA Chair (Spain)



Marty Yadrick

ICDA Secretary (USA)

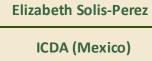


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Danielle Gallegos
ICDA (Australia)



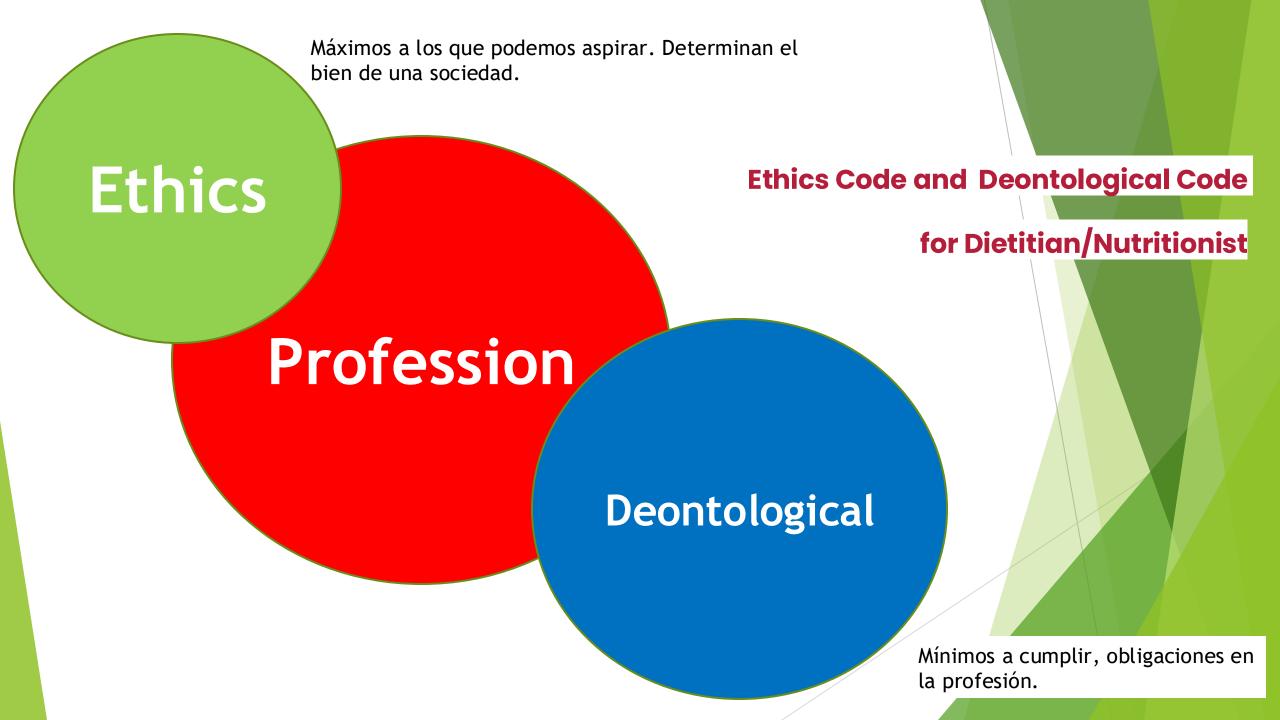




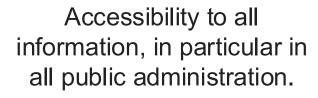
Kate Hall
ICDA (UK)



Mary Anne Smith
ICDA (Canada)









A **person of integrity** is doing the right thing even if no one is watching.

It has to do with honesty, honesty, respect and other values.

intact', "intact", "untouched or untouched by evil", "intact", "whole", "untouched or untouched by evil".



**Equity**. The virtue of giving everyone what they merit according to their merits or conditions.

A quality that consists of not favouring one person's treatment to the detriment of another.



nutrition and dietetics with heart



6. Receive the Report of the Auditors and the financial statements of the Corporation for the fiscal year ended March 31, 2025.



FINANCIAL STATEMENTS

For

INTERNATIONAL CONFEDERATION OF DIETETIC ASSOCIATIONS

For year ended

MARCH 31, 2024

(expressed in U.S. dollars)

## INTERNATIONAL CONFEDERATION OF DIETETIC ASSOCIATIONS STATEMENT OF FINANCIAL POSITION

MARCH 31, 2025

(expressed In U.S. dollars)

<u>ASSETS</u>	<u>2025</u>	<u>2024</u>	
CURRENT ASSETS Cash Investments (note 4) Accounts receivable Prepaid expenses	\$ 78,534 229,446 - 4,810	\$ 180,966 220,502 1,805 	
	<u>\$ 312,790</u>	<u>\$ 410,868</u>	
LIABILITIES AND NET ASSETS			
CURRENT LIABILITIES  Accounts payable and accrued liabilities  Deferred membership revenue	\$ 4,690 5,474 10,164	\$ 8,963 73,693 82,656	
NET ASSETS	302,626	328,212	
	\$ 312,790	\$ 410,868	



7. Appoint the Auditors for the next fiscal year

Resolution for the Appointment of Auditors

Be it resolved that Welch LLP be reappointed Auditors for the year ending March 31, 2026.





8. Other business





International Confederation of Dietetic Associations